ABSTRACT

Sinus lift techniques were introduced to enable implant placement and prosthetic reconstruction of posterior maxilla with insufficient alveolar bone. Diminished bone height in the posterior maxilla can be modified by grafting the sinus which creates adequate bone for implant placement making the procedure advantageous for posterior maxillary edentulism even in atrophic cases. It also increases the quality of bone, increases primary implant stability with improved esthetics and optimal function. With variety of techniques being available currently, it is necessary for us to make appropriate decisions on technique selection, selection of graft materials and timing of implant placement and its complications. Based on the evidence of case reports, prospective/retrospective studies, RCTs, systematic reviews and meta analysis, in this poster I have reviewed the techniques, graft materials and associated complications.

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